

**PROGRAMME D'ÉCHANGES
INTERNATIONAUX**

**QUESTIONNAIRE DE LA
BOURSE DE LA MOBILITÉ**

**INTERNATIONAL
EXCHANGE PROGRAMS**

**MOBILITY SCHOLARSHIP
QUESTIONNAIRE**

Suite à deux mois d'études à l'étranger, veuillez répondre aux questions suivantes et faire parvenir par courriel vos réponses sous forme de rapport **d'au moins 1 800 MOTS** à ext@telfer.uottawa.ca. Vous devez également nous soumettre une photo (copie papier ou version électronique). Nous aimerions utiliser votre photo, ainsi que vos commentaires, dans le but de promouvoir les Programmes d'échanges internationaux auprès des participants de l'année prochaine. Veuillez noter que nous nous réservons le droit de censurer les commentaires inappropriés dans votre questionnaire.

After you have completed two months of studies abroad, please answer the following questions and send the resulting report of **at least 1,800 WORDS** by email to ext@telfer.uottawa.ca. You must also submit a photo (digital or hard copy). Please note that we will be using your photo and comments to promote the International Exchange Programs to next year's participants. Please note that we reserve the right to censor the content of your questionnaire should a comment be deemed inappropriate.

* Dans le présent document, le masculin est employé pour désigner aussi bien les femmes que les hommes.

NOM DE FAMILLE - SURNAME		PRÉNOMS - GIVEN NAMES		N° ÉTUDIANT - STUDENT NO.	
ADRESSE POSTALE À L'ÉTRANGER ET COURRIEL ADDRESS ABROAD AND E-MAIL		N° ET RUE NO. AND STREET		APP. / SUITE APT. / SUITE	
VILLE CITY		PROVINCE / ÉTAT PROVINCE / STATE		PAYS COUNTRY	
CODE POSTAL POSTAL CODE		N° DE TÉL. - TEL. NO.		COURRIEL - E-MAIL	
ÉTABLISSEMENT FRÉQUENTÉ - INSTITUTION ATTENDED					
SESSION D'ÉTUDES SEMESTER		<input type="checkbox"/> AUTOMNE FALL <input type="checkbox"/> HIVER WINTER		ANNÉE - YEAR	

Veuillez décrire vos expériences relatives aux points suivants et les commenter :

- A) Programme d'études (cours, travaux, style d'enseignement). Précisez le nombre d'heures de classe par cours.
- B) Horaire (calendrier universitaire, dates d'inscription, accueil et intégration, début et fin des cours, examens, vacances, nombre de sessions, etc.) Veuillez indiquer les **dates précises afin que les étudiants puissent réserver leur vol l'année prochaine**.
- C) Formalités à remplir lors de votre arrivée. Liste et description des services offerts par le bureau des relations internationales de votre établissement d'échange. Inscription et choix de cours. Activités sociales.
- D) Un budget des frais de séjour à l'étranger (p. ex. déplacements, logement, voyages, livres, repas, etc.).
- E) Formalités à remplir avant votre départ (délais pour obtenir votre visa, documents nécessaires pour votre visa, choix de cours, dépôt pour résidence, etc.)
- F) Adresse et description de votre logement. Coût de logement.
- G) Stage en entreprise (s'il y a lieu).
- H) Autres commentaires ou recommandations.
- I) Ajoutez un témoignage de cinq à sept phrases qui résume votre expérience.

Optionnel : Veuillez indiquer l'adresse postale, l'adresse courriel et le numéro de téléphone auxquels les participants de l'année prochaine auront recours pour communiquer avec vous s'ils ont des questions. Veuillez noter que tout témoignage pourrait être publié à des fins promotionnelles.

Please describe your experiences and comment on the following:

- A) Your program of study (courses, assignments, course format). Add the exact number of class hours per course.
- B) The timetable (academic calendar, registration dates, orientation, beginning and end of classes, exams, holidays, number of semesters, etc.) Please submit the **precise dates so students will know when to book their flights next year**.
- C) Procedures to follow upon arrival. List and description of services offered by the International Exchange Office of the host institution. Registration and course selection. Social activities.
- D) Budget outlining the cost of studying abroad (i.e. airplane tickets, housing, vacation and daily travel costs, textbooks, meals, etc.).
- E) Application procedures before your arrival (visa deadlines, documents required for visa, course registration, housing deposit, etc.).
- F) Address and description of housing. Cost of housing.
- G) Work term (if applicable).
- H) Other comments or recommendations.
- I) Add a description of about five to seven sentences summarizing your experience.

Optional: Indicate the mailing address, e-mail address and telephone number where next year's participants can contact you for more information. Please note that any part of this questionnaire may be used in our promotional material.

A) Your program of study (courses, assignments, course format). Add the exact number of class hours per course.

I study Business Technology Management in Telfer and in Lund University I take mostly business and economy courses. The list of my courses:

- Swedish: Introductory Course for Exchange Students 1 - 18 hours (Jan 14- Jan 23) - Final grade: Satisfactory - Credits: 3.0 hp
 - This course was an introductory course for the Swedish language. It starts and finishes before any of the other classes. For just learning the basics of the language and getting some friends it was an amazing course. There are no assignments or quizzes but there is only an exam at the end of the course in which at least 60% is needed to pass the class. Highly recommended
- EKHE42 - Economic History: Emerging Asia - Economic Transformation in East and South East Asia - 16 hours (Jan 27- Feb 26) Final grade: In progress Credits: 7.5 hp
 - This is a history class and the main topic is the Asian countries economies. For this course, there are lectures that are not mandatory to attend but the lectures are very helpful for the examinations since mostly the lecture materials are needed for it. There are no assignments for this course, there are 3 examinations. The weight of these examinations are; exam 1- 0%, exam 2- 40%, exam 3- 60%. In order to pass the course, a passing grade in all the examinations are needed. The type of the exams, for all of them, is a take home exam. There are questions asked and you are expected to answer all the questions usually with +1000 words in total. After handing in this work, there is a seminar that is needed to attend and discuss the answers either with the classmates or with the professor. Not recommended if history isn't interesting.
- FEKH91 - Business Administration: Entrepreneurship - 14 Hours + non-lecture work (Jan20- Feb 18) Final grade: In progress
 - This was a very interesting course. On this course there were lectures that were teaching entrepreneurship but mostly about work class. There are groups formed and with the group, an entrepreneurial attempt is simulated. Throughout the course, there are deadlines for hand-ins and this is looking for the progress of the

attempt. After the hand-ins there are seminars with the professor and getting feedback about the work. And at the end of the course, there is a final presentation of the detailed proposal of the business idea. The grading for this course; exam 1: 60%, Group project (explained above): 40%. For this course, a passing grade in all of the examinations are needed. The exam is a written exam in person short essay (1500 words max). Highly recommended

- FEKG96 - Re-imagining Money for a Sustainable Future - Credits: 7.5 hp. It hasn't started yet (starting March 25). But approx 15-20 hours.
- FEKH23 - Brands and Branding in a Dynamic World - Credits: 7.5 hp. It hasn't started yet (starting March 27). But approx 15-20 hours.

B) The timetable (academic calendar, registration dates, orientation, beginning and end of classes, exams, holidays, number of semesters, etc.)

Please submit the precise dates so students will know when to book their flights next year.

There is an arrival day (it was 13 January 2025 for me) that university staff is welcoming you at the Copenhagen Airport. After they take you to the train to lund and there are staff waiting there as well. After there is the check in to the university and the housing. There are two periods of study in one term. Usually the plan is to take 2 7.5 credit courses per period. For the first period, the classes usually start around Jan 20 and usually the last exams finish around the end of March. The second period starts at the end of March and finishes around the beginning of June. The exams are usually written essay exams. As far as I have seen, the university is very tolerant and you will have a lot of retakes of the exams. For any reason, if you can't attend an exam or if you fail an exam, you can always take an exam. Even a professor of mine told me that I could retake the exam until I pass it. There are not so many holidays but even during the study period, there are usually a lot of free times.

C) Procedures to follow upon arrival. List and description of services offered by the International Exchange Office of the host institution.
Registration and course selection. Social activities.

As I mentioned above, there is a great planned arrival day and I highly recommend it. After arriving, the international desk has a lot of activities for newcomers such as an Ikea trip, board game nights, hiking activities, etc. There are also mentor groups that can be joined and basically the local students are the mentors and they plan some activities with the international students. Lund is a student city and around 50% of the city is university related (students, professors, staff, etc) that's why there are a lot of social activities to do. There are student nations that are similar to frats in North America but they have a way better environment than them. In Lund there are 13 different student nations and they all have different atmospheres. **Student nations are a must** to join because they are mostly the main organizations in the city since there are not a lot of other places. In order to join a nation, you have to be a member of StudentLund. In Lund, these student nations are very active and there are usually 4-10 different activities per day in total by all of the nations. Also in student nations there are novisch periods that are very helpful to orientate and make friends. My novisch period was 2 weeks long and there were a lot of activities.

Also, since Copenhagen Airport is very easy to access from here, and it's very easy to travel all around Europe and even other continents since it's a very big airport.

For the registration, you need to enroll in the courses before coming to Lund through solemove. Even though you get accepted by the courses, you need to register for the courses when you come to Sweden through a website called ladok.

D) Budget outlining the cost of studying abroad (i.e. airplane tickets, housing, vacation and daily travel costs, textbooks, meals, etc.).

I didn't come to Sweden directly from Canada, I was in my home country before coming here that's why I don't really know. However, since I met a lot of Canadians here, I heard that it's very easy to come here from there. I heard that if researched well, tickets for \$600 can be found from Ottawa.

Housing is an issue in Lund. There are university accommodations (LUaccommodation) which I am staying in. Since I wasn't really lucky, my only option to stay is the most expensive rent in the city which is 7800 SEK (which is around 1100 CAD on 20 march 2025). There are other

options as well such as AFBoastader that they make a lottery to pick and since I wasn't lucky there, I didn't get anything over there. But rent prices as low as 4000-5000 SEK (which is around 500-700 CAD on 20 March 2025) are not very rare to hear.

For vacations, as I mentioned, Lund is an amazing place to travel. From Copenhagen Airport, there are a lot of destinations to see and with cheap airlines like Ryanair, you can find tickets to other countries as cheap as \$25.

Since the city is very small, the best way of transportation is by bike and everyone uses bikes. To go to other cities around a train is available from the city center. There are city buses as well.

For any of my classes I didn't need to buy any textbooks.

As for living expenses like food, groceries, etc, I believe Lund is almost the same as Ottawa, for some things cheaper and sometimes more expensive as well but on the overall, I believe it's around the same as Ottawa.

E) Application procedures before your arrival (visa deadlines, documents required for visa, course registration, housing deposit, etc.).

For the resident permit, you need your letter of acceptance from Lund University and since the permit procedure may take a little long, it is advised to apply for the residence permit right after you get the letter of acceptance. Documents required for residence permit are; bank statements to show that you meet the maintenance requirement, the letter of acceptance, passport copies and documents showing that you have comprehensive health insurance. The application is all done online and I didn't need to go to the embassy at all. There are two options. One is to get your residence permit card before coming to Sweden. In that case you need to get it from the embassy in Ottawa (Byward Market). The second option is to get your residence permit card in Sweden. That is what I did since I had very little time left to come. It was no big issue since with the Canadian passport, you don't need a visa up to 3 months and thanks to that, I just came with my passport. At the border in Copenhagen airport, I told them that I came for my studies and I showed them a physical copy of my letter of acceptance. I didn't face any problems. After coming to Lund, I got my appointment from the immigration services in Malmö. I had my picture taken and the fingerprints taken and after it took less than 10 days for my residence permit card to arrive.

For the courses, You enroll them through SoleMove. When you get accepted to your courses, you still have to register for the courses through a website called Ladok.

The housing deposit, I paid 5000 SEK as a deposit at the same time as my first rent.

F) Address and description of housing. Cost of housing.

I stay in Sofieberg, in my opinion it's one of the best options in Lund since it's a little more quiet and it's very close to the economy building where all my classes were. There are usually a lot of parties in corridor room dorms and they can go until quite late. So If you don't want to be disturbed by the noise or maybe want some personal area, I wouldn't recommend staying in corridor room dorms (such as Sparta, Parentesen, etc.) I already mentioned the costs above.

G) Work term (if applicable).

In Lund, in the student nations, you can volunteer in the lunch places, pubs, clubs, etc. and it's very fun to volunteer. Also you get to eat free and get more free food tickets since you volunteered. But other than that I don't think it's allowed to work here since you only get a study permit.

H) Other comments or recommendations.

In January and February, I think Lund was very cold even though temperaturewise it was not that cold so I would recommend bringing thermal and warm clothes. Everyone rides a bike here so I would recommend getting a bike since in the city, it's very easy to ride a bike all around. There are a lot of international people in Lund since they host a huge amount of international exchange students and people are very friendly so it's very good to get international friends from all around the world.

I) Add a description of about five to seven sentences summarizing your experience.

My experience so far is going very well. Mainly I go to the student nation that I am a member of. I love meeting new people and the nation is quite good for that. I visited some other countries with my friends and that was very fun as well. My last trip was to the UK and it was my first time being there. It was such a beautiful place and has an amazing culture there . I enjoy my classes as well, especially my entrepreneurship course was very fun and I made some friends over there.