

Mobility Scholarship Questionnaire
Exchange – Lund University – Winter 2019

A) Your program of study (courses, assignments, course format). Add the exact number of class hours per course.

Lund breaks their semesters into two terms. As I am here for the winter semester, I am here during terms 3 (January to March) and 4 (March to June). I am currently enrolled in 4 courses (7.5 credits each) which are equivalent to 5 courses at uOttawa. My courses are as follows:

Term 3 (January to March)

- FEKG25: Global Strategic Marketing
 - This course ran from Feb. 1 – Mar. 22
 - Consisted of 8 lectures (5 teaching and 3 mandatory seminars) for a total of 16 hours
 - The deliverables are:
 - One case presentation (in groups of 2)
 - One 2500-word group paper (4 people per group)
 - One written exam (20 multiple choice questions)
- SASE10: Swedish Economic Development
 - This course is a 4-week accelerated course which ran from Feb. 25th – March 21st
 - Consisted of 13 lectures which includes a mandatory field trip, two mandatory seminars and 10 teaching classes for a total of 26 hours
 - The deliverables are:
 - One group presentation (groups of 4)
 - One individual 2500-word paper
 - One written exam (multiple choice and short answer)

Term 4 (March to June)

- FEKH23: Brands and Branding in a Dynamic World
 - This course ran from Mar. 25th – May 17th
 - Consisted of 18 lectures (4 mandatory seminars, 4 mandatory guest lectures and 10 teaching lectures) for a total of 36 hours
 - The deliverables are:
 - One individual 3000-word paper
 - One group 5000-word paper
- SASE11:
 - This course ran from Mar. 25th – Apr. 29th
 - Consisted of 13 lectures (3 mandatory seminars and 10 teaching lectures) for a total of 26 hours
 - The deliverables are:
 - One individual paper (“take home exam”)

B) The timetable (academic calendar, registration dates, orientation, beginning and end of classes, exams, holidays, number of semesters, etc.) Please submit the precise dates so students will know when to book their flights next year.

The winter semester technically runs from **January 15th to June 15th**, however most classes end well before June 15th. The semester is broken into two terms: one from January-March and one from

March to June, so you will only need to take two classes at a time. I booked a one way flight which seemed to be the best option for me because I didn't know when I wanted to come back, however I will likely end up paying more.

There are no "official breaks" given throughout the semester however you will end up getting a lot of breaks/long weekends depending on your course schedule. The teachers are also extremely accommodating and understand that exchange students are here to travel and so missing lectures is never really an issue.

Arrival Day was on January 15th this year, you want to get here on this day as it makes everything a lot easier (see section C).

C) Procedures to follow upon arrival. List and description of services offered by the International Exchange Office of the host institution. Registration and course selection. Social activities.

Lund has a huge international/exchange student program with approximately 1500 exchange students incoming in the fall and 600 in the winter! Because of this, they try really hard to make sure you feel welcome and have the best time. For the winter semester, arrival day was on January 15th. On this day, representatives from the University meet you at the Copenhagen airport and then put you in groups and help you get on the train and get to Lund C. They also provide a free shuttle service for all the incoming students which will pick you up from central station and take you to campus for the Arrival Day Activities.

Once on campus you will have an opportunity to buy anything you need including bedding, a sim card and tickets to various events happening over the next couple weeks. Some events that happened during my semester were a "Culture Tour", a hike, an IKEA trip and a welcome party! Once you've got everything you need they also provide shuttles from campus to your residence or wherever you are staying. The entire day was very well organized and everyone is very kind and welcoming!

In addition to the initial arrival day and all the activities organized by Lund University itself, there is also a tone of activities and events organized by the nations (which are kind of like student clubs) you will be given a schedule showing which nations are having events on which nights and then you can go to those as well.

Registration for courses is done online before you arrive in Lund, it was a fairly easy process as most business/economics courses are accepted by uOttawa and there is not too many options to choose from (which makes it less overwhelming). Upon getting your acceptance from Lund you will also be assigned a coordinator who you will be able to contact if you have any questions at all during this process. The coordinators are all extremely helpful and always reply quickly so use that to your advantage if you ever feel lost!

D) Budget outlining the cost of studying abroad (i.e. airplane tickets, housing, vacation and daily travel costs, textbooks, meals, etc.).

Please note: the following are expenses to date (Jan. 15th - Mar. 24th)

Expense	Amount	Notes
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Plane Ticket	\$825.00	One-way (Moncton-Toronto-London-Copenhagen) 19 hours total travel time
Housing Total Cost	\$3,648.11	Jan. 15-June 15
Flights/Accommodation	\$2,301.00	Berlin, Budapest, Prague, Vienna, Russia, Italy
Textbooks	\$-	All material needed for class has been available free online
Food	\$740.70	Includes groceries and eating out in Lund
Going out	\$330.00	Includes tickets for events and alcohol
Other	\$360.00	Includes furnishings for my room and items I've bought for myself
<u>TOTAL</u>	<u>\$8,204.81</u>	

E) Application procedures before your arrival (visa deadlines, documents required for visa, course registration, housing deposit, etc.).

If you are studying in Sweden for longer than 3 months you will be required to get a residence permit. This process was very easy, especially because the Swedish Embassy in right downtown Ottawa and so I could complete the process and get my residence permit card mailed to me before I left for Sweden.

You can apply for your residence permit 3 months before your departure date. Go online to The Swedish Migration Agency – Migrationsverket website and follow the instructions, it doesn't take longer than 20 minutes to fill out the online form. You will get emailed further instructions and can complete the process by going to the embassy with your passport and getting your photo and fingerprints taken. You then have the option of having your card mailed to you or you can pick it up at the embassy in 2-3 weeks.

The cost of the residence permit is about \$150 and you pay online with a credit card.

F) Address and description of housing. Cost of housing.

Lund has a major housing shortage and I was one of the students who did not receive residence the first time around. If this happens to you, don't freak out... it will be fine!

Eventually (on December 20th), I was offered a room in a residence called Eddan, I accepted it but couldn't move in until Feb. 5th so in the mean time I had to stay at the University Guest House where a lot of other people in the same situation were staying. This isn't the best situation because you can't unpack for the first 3 weeks, but it's better than nothing and Lund does try to accommodate you (even though it may not initially feel that way). However, the guest house is quite expensive, especially because they don't have many single rooms so I had to pay for a double room even though it was just me staying there.

Lund also charges rent based on the number of days in a certain month so each month is slightly different. The following is a breakdown of my total housing costs:

	Amount paid in SEK	Amount paid in CAD

Guest House Jan. 15 th – Feb. 5 th	6300	956.06
Eddan - February	3288	493.20
Eddan - March	4247	637.05
Eddan - April	4110	616.50
Eddan - May	4247	637.05
Eddan - June 1 st – 15 th	2055	308.25
<u>Total</u>		<u>\$3648.11</u>

Eddan is located in a suburb called Linero, it was a 10-12 minute bike ride to the economics building where all of your classes will be. There is also a bus that will take you right there as well. It's really not a big deal to be a little bit out of the city center because everything in Lund is easily accessible by bike anyway!

I am in a corridor room in Eddan which means I have my own room with a bed, desk, lamp and closet and my own bathroom with a toilet sink and shower. I share a kitchen with my 4 other flat mates and there is also a balcony. Each building also has laundry facilities in the basement which are accessible to the tenants for free you just have to book in advance using the booking system on the main floor of the building.

There are three buildings at Eddan (C, D and E) and all have been built within the past couple years so everything is new and clean. This residence also only houses international/exchange students which is nice because everyone you meet and live with is in the exact same position as you!

G) Work term (if applicable).

H) Other comments or recommendations.

Overall, Lund is a university town which is what makes it so charming and so fun! Before you arrive make sure to buy a membership to StudentLund, this is basically the organization which governs all the nations on campus. The nations are the key to student life in Lund, so having a membership to StudentLund means that you have access to all nations events and activities throughout the semester. Upon arrival, you will have 2 weeks to choose which nation you want to be a part of. As an exchange student, it really doesn't matter which one you choose because as long as you are a member to one you can go to any nations events. So I would just choose the one that gives you the best deals (I chose Västgöta because they are known as the 'exchange student nation').

TIP: Don't buy a bike right away from the bike store the university recommends! Add yourself onto the Lund buy/sell facebook pages and look there first! Buying from the bike store will ensure that you spend way too much money on a bike. A tip a local told me (after I already purchased my bike) was to never spend more than 1000SEK on one (I paid 1500 SEK).

I) Add a description of about five to seven sentences summarizing your experience.

Overall, exchange has been better than I could have ever imagined! I have met the most amazing people from all over the world, and seen so many places and lived so many experiences that I would have never been given the chance to otherwise. I think it's best to come with absolutely no expectations, I am yet to be disappointed. This few months has been a great way to relax and recharge, it's been extremely refreshing to step away from North America and see the world through a whole new lens. I cannot recommend exchange enough and I think there is no better place to do it than Lund!